

A 3-MONTH TRANSITION CALENDAR

Transitioning to Kindergarten

THE Consortium FOR
RESILIENT YOUNG CHILDREN



Transitioning to kindergarten is an educational milestone for children and families. Your child is depending on you to help them with this important step. They have strong feelings about kindergarten transition.

A positive attitude and response will be an important support for them to feel good about this big change. This calendar offers everyday activities for helping your child get ready for school.



For more Information visit: resilientchildren.org.



JUNE



Contact your child's school about dates for kindergarten registration.

Gather documents for kindergarten enrollment: birth certificate, physical, immunizations, and proof of residence.

Talk with your child about a good memory you have about school.



Create a summer journal with your child about your summer activities.

Visit a buffet/restaurant to practice using a tray.

Cook dinner with your child.



Let your child see you reading a book, newspaper or magazine.

Enroll your child in a summer reading program.

Find out where your child's friends are attending kindergarten.



Help your child learn to wait by playing waiting games with them.

Let your child help clean up.

Explore using art materials, like glue sticks and scissors.



Play a board game with your child to practice turn taking.



Let your child set the table for meals.

Allow your child to pour milk.

JULY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Take pictures of the school and the school bus.

Provide props for pretend play about school: toy school bus, little people, toy school and house.

Practice making new friends.
Example:
Introduce your child to others.



Practice problem solving and using "what if" questions.



Let your child get their own library card.

Practice self-help skills: getting dressed, washing hands and fastening clothing.



Wonder with your child "how they feel" about going to kindergarten.

Look for signs and landmarks in your neighborhood that your child can describe: street signs, bus stop sign.

Practice giving a signal that you would like a turn.
Example: Raise your hand and take turns talking.

Go to the library and check out books about "starting school".



Recognize when your child completes a task. Example: "You buttoned up your coat!"

Make a grocery list and take your child with you to shop.



Remember with your child about the excitement of starting school.

Establish and practice bed time and morning routines a few weeks before school starts.



AUGUST



Create a countdown chain or calendar for the number of days until kindergarten.

Take your child shopping for school supplies.



Ask your child if they feel ready for school. Remind them that it's okay to be nervous and excited at the same time.

Have your child write a letter to their kindergarten teacher.



Meet with your child's kindergarten teacher before school starts.

Help your child figure out ways to find information. Example: Help them ask questions.

Talk with your child about school helpers: bus driver, nurse, principal.



Discuss and practice how to care for your belongings: lunch money, keys, books, backpack.

Help your child locate important places at school: cafeteria, bathroom, etc.

Share "school" information with your child: teacher's name, bus number, etc.



Have your child practice writing his/her name with you.

During dinner-time have your child share something about their day.



Once your child starts school, talk with them everyday about their daily activities and experiences.

Check in with your child's teacher to see how things are going.

